

QualityWISE NEWSLETTER

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JULY 2016

Welcome to the Fifth Issue of the QualityWISE Newsletter

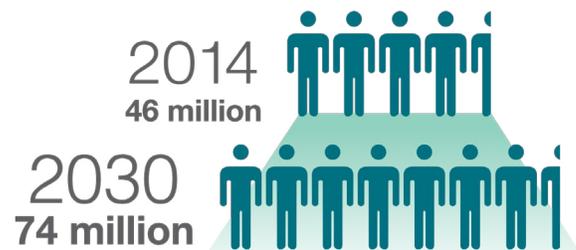
This month's edition of the QualityWISE Newsletter features a look at RehabCare's outcomes from last year as reported in the 2015 Quality and Social Responsibility Report, as well as a final reminder about nominating outstanding caregivers for this year's Paul Diaz Caring Award.

2015 Quality and Social Responsibility Report Demonstrates Role of Skilled Rehab in Recovery

As you know, RehabCare's therapists provide medically necessary rehabilitation therapies across a full range of healthcare settings to bring about recovery and improved function while supporting the highest quality of life possible. Our rehab teams work within an interdisciplinary approach to drive patient-centered care as well as track progress through an extensive outcomes-based system. The application of rehab therapies keeps overall healthcare costs low by preventing hospital readmissions, shortening lengths of stay and enabling patients to remain at home or transition home quickly.

Every day 11,000 people become eligible for Medicare, and this figure is expected to almost double by 2030. By 2050, the number of people 85 and older will triple. This means that in coming years, more patients than ever will be in need of rehabilitation.

NUMBERS OF AMERICANS 65 OR OLDER



The number of people **85 and older** is expected to **triple by 2050**

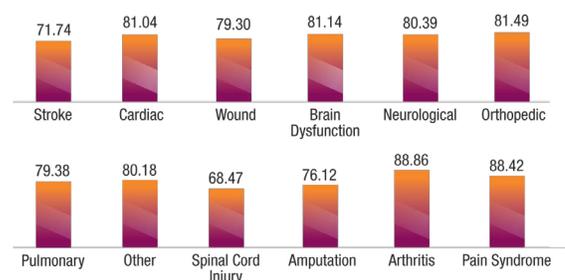
Source: U.S. Census Bureau, 2015

Amidst the growing elderly population and in an environment that increasingly rewards value, outcomes have never been more important. That is why delivering the best possible results to our patients and clients guides everything we do: Because Outcomes Matter.

Here is a look at RehabCare's 2015 outcomes. At discharge from RehabCare services, patients regained 81.5 percent of the function they had prior to injury or illness that necessitated the therapy services. Condition-specific functional outcomes are as follows:

RehabCare Outcomes by the Numbers Skilled Nursing Rehabilitation

RehabCare's Increase (%) in Functional Outcome Measurement Scores from Admission to Discharge



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The Paul Diaz Caring Award – Call for Entries

The Paul Diaz Caring Award is presented annually to Kindred patient caregivers who demonstrate an extraordinary sense of compassion and empathy while caring for their patients or residents. These individuals approach their jobs not just as a means to a paycheck or the completion of their routine duties, but also as an opportunity to make an impact on the lives of those with whom they interact every day.

Nominations for this prestigious award are open through July 31. If you know someone who possesses a selfless concern for others, displays great respect for patients and family members, and serves as role models for their colleagues and peers, please consider nominating him or her for the Paul Diaz Caring Award.

You can find more information about the award, including who is eligible to be nominated, and complete a nomination form at <http://www.kindredhealthcare.com/employees/caring-award/>.

Thank you for helping us honor those caregivers who truly go above and beyond to deliver outstanding care to our patients, residents and family members.

Remember, every issue of the QualityWISE newsletter is archived at <http://www.rehabcare.com/employees/qualitywise/>, along with helpful FAQs. If you have any questions or concerns related to quality, compliance or the CIA, you can email RehabCareQualityWISE@rehabcare.com or contact Kindred's Compliance Department at compliance@kindred.com. And you can always contact the Compliance Hotline at 800.359.7412 to report suspected violations of any federal healthcare program requirements or Kindred's policies and procedures.

Thank you for everything you do
to ensure exceptional outcomes for our patients and partners.